



KEEP YOUR KIDS ON TRACK

Schedule a well-child visit now.

Well-child visits are regular checkups that should be free or low-cost. These visits are important for tracking your child's growth and developmental milestones, discussing any concerns about your child's health, and getting recommended vaccinations, including COVID-19 vaccine, to prevent illnesses. Call your child's health care provider to schedule a visit today.

Looking for a health care provider or clinic for your child?

For children covered by Medical Assistance (MA), these visits, called Child and Teen Checkups (C&TC), are free for newborns through age 20 years. If you do not have a health care provider or clinic, your county or tribal C&TC coordinator can help. Find contact information for your local C&TC staff statewide at freechildcheckups.com (developed by Hennepin County C&TC) by scrolling down to the "Need help with your appointment?" section and use the drop-down box to select your county or tribal affiliation. If you do not have internet access or need help connecting to your local C&TC coordinator, please call the state's C&TC program at 651-431-3429.

For children covered by other health insurance, contact member services to find a clinic near you where the well-child visit may be paid for by your health insurance.

Looking for health insurance?

To find health coverage options for you and your family, visit: <https://www.mnsure.org/> or call: 651-539-2099 or 855-366-7873.



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