



# Healthy Teen Initiative (HTI) Grantee

DIVISION OF INDIAN WORK (DIW)

The overall goal of the Healthy Teen Initiative is to target populations experiencing the greatest disparities in teen pregnancies and sexually transmitted infections (STIs) through the implementation of high quality, medically accurate, evidence-based and informed programs to promote healthy youth development, risk avoidance, abstinence, and to delay the onset of sexual activity.

Division of Indian Work will implement the following curricula with American Indian youth 10-19.

## Live It! Youth Component

The Division of Indian Work *Live It!* curriculum was designed specifically for American Indian youth ages 11-18 and, to date, is the only culturally-specific sexuality curriculum in Minnesota or the U.S. *Live It!* promotes abstinence as the only 100% effective way to avoid pregnancy. It uses cultural teachings, medical terminology and/or definitions and activities to promote healthy decision-making when it comes to sexual activity among youth. *Live It!* appeals to American Indian youth by utilizing experiential learning. These experiences include bringing in elders to share tribal knowledge and practices around sexuality, story-telling, and culturally-specific visuals used in all information presented.

The Healthy Teen Initiative (HTI) is funded by the U.S. Office of Health and Human Services, Administration for Children and Families, Federal Youth and Family Services Bureau, and Title V State Sexual Risk Avoidance Education Program. The funds are allocated to DIW through the Minnesota Department of Health. Please contact the Marisa with questions regarding *Live It!* and its implementation in the Twin Cities and Greater Minnesota.

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For more information: [Minnesota Department of Health - Healthy Teen Initiatives Website](#)

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