

Qoraalka Waxa ay tahay Inaad Samayso Haddii aad Jirato - Ardayda

[muusig kicin leh]

[Warin] Dadka qaba COVID-19 qaabab aad u kaladuwan ayay u xanuunsan karaan. Haddii aad xanuunsan tahay, waa muhiim inaad u sheegto waalidkaaga ama qof wayn. Waa inaad iman dugsiga.

Haddii aad horeyba u joogtay dugsiga, oo aad xanuun dareento, u sheeg macalinkaaga ama kalkaalisada caafimaadka dugsiga isla markaaba.

Waa caadi inaad sheegto inaad xanuunsan tahay. WAANA muhiim inaad qof u sheegto si aan u badbaadno dhammaanteen.

Haddii qofkaaga wayn su'aalo badan ka qabo COVID-19, booqo health.mn.gov.

[muusig kicin leh]

Minnesota Department of Health
Communications Office
PO Box 64975
St. Paul, MN 55164-0975
651-201-4989
health.communications@state.mn.us
www.health.state.mn.us

2/17/21

What You Should Do If You Feel Sick - For Students (Somali)

Si aad xogtaan ugu hesho qaabab kale, wac: 651-201-4989