

# Maxay muhiim u yihiin cirbadaha Xoojinta waxtarka talaalka COVID-19?

## QORAALKA

[muusik qafiif ah]

[Warin]

Cilmi baarayaasha caafimaadka ayaa dusha kala socday mudada difaaca laga helo talaallada COVID-19 sii ahaanaayo mid sareeya?

Talaallada COVID-19 ayaa wali waxtar wayn u leh yaraynta khatarta xanuun daran, in isbitaal lagu dhigo, ama loo dhinto xanuunka ... Laakiin xogta cusub ayaa sheegaysa in difaaca ka dhanka ah caabuqu hoos u dhaco muddo kadib.

Si lamid ah talaallada kale oo badanaa si joogto ah loo qaato, talaallada COVID-19 ayaa u baahan cirbado xoojin ah si loo joogteeyo heerka sareeya ee difaaca muddo kadib.

Waqtiga lagu talinaayo ayaa lagu salayn doonaa cilmi baarista muujinaysa marka xoojiyaashu ay ugu haboon yihiin kordhinta difaaca.

Kala soco MHD xogtii ugu danbaysay ee kuurooyinka xoojinta ah. Wixii xog dheeraad ah oo ku saabsan talaallada COVID-19, booqo [health.mn.gov/covidvaccine](https://health.mn.gov/covidvaccine).

[muusik qafiif ah]

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*Si aad u hesho macluumaadkan oo qaab ka duwan ah, wac: 651-201-4989.*