

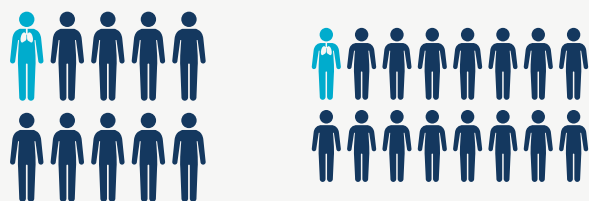
ASTHMA in MINNESOTA



Asthma is a chronic disease of the airways that makes breathing difficult. Asthma can be challenging, disruptive and frightening for those who have it, and for family, friends and caregivers. Asthma is different for everyone, and its symptoms and onset varies greatly from person to person. There is no cure for asthma but with proper treatment, people who have asthma can live normal, healthy lives.

Asthma is Common

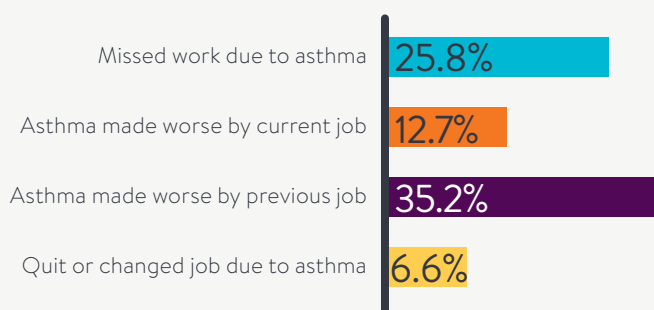
Approximately **516,200** Minnesotans have asthma



HAVE ASTHMA

IN **2022** **49.3%** of Minnesotans with asthma did not have optimal control.

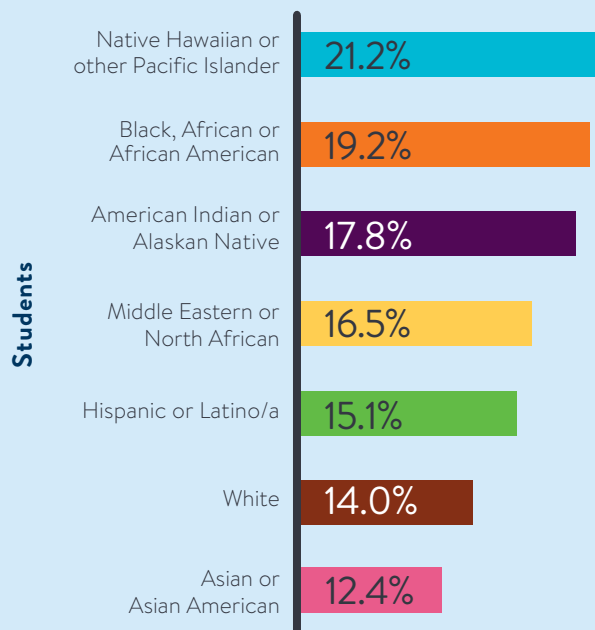
Asthma is Disruptive



IN **2021** On average, one Minnesotan died of asthma every **6 days**

The burden of asthma is not equally shared

Black, American Indian, Pacific Islander, and Hispanic or Latino/a students are more likely to report asthma than their white counterparts.



People who identify as multi-racial are **3x** more likely to have asthma than the state average.

2021 Asthma Call-Back Survey
 2022 Minnesota Student Survey
 2021, 2022 BRFSS; population data from federal census quick facts
 2023 CDC BRFSS Prevalence and Trends
 Minnesota Public Health Data Access Portal
 Minnesota Community Measurement. 2022 Minnesota Health Care Quality Report. Part I: Clinical Quality Measures Reported by Medical Groups

Contact the asthma program

health.mn.gov/asthma | health.asthma@state.mn.us | 651-201-5909